

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lievens Stijn

Coaches: Geelen Sofie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE WOMEN 15+ Heat:4, starttime: 14:50

Heat: 4/5 Lane : 0 Athlete: WOUTERS STIEN Q-time: 04:58:67

PB (50m pool): 05:18.97 Antwerpen 14/07/2024 PB (25m pool): 04:58.67 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	05:18.97
	no time							
								

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+ Heat:11, starttime: 15:30

Heat: 11/12 Lane : 2 Athlete: RAES DRIES Q-time: 02:04:38

PB (50m pool): 02:04.13 Antwerpen 28/07/2024 PB (25m pool): 01:59.41 SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:04.13	
	no time				
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+ Heat:2, starttime: 15:35

Heat: 2/9 Lane : 5 Athlete: FEYAERTS SAVANNAH Q-time: 00:50:95

PB (50m pool): 00:50.95 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:49.46 SB: no time

	5 0 M	
PB	00:50.95	
	00:50.95	
		

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:3, starttime: 15:35
Heat: 3/9 Lane : 6 Athlete: MEURRENS LINA			Q-time: 00:46:55
PB (50m pool): 00:46.55 Eindhoven 16/03/2025			PB (25m pool): 00:44.19 SB: no time
	5 0 M		
PB	00:46.55		
	00:46.55		
			

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:3, starttime: 15:35
Heat: 3/9 Lane : 7 Athlete: GERARD CARYS			Q-time: 00:47:30
PB (50m pool): 00:47.30 SportinGenk Park 21/04/2025			PB (25m pool): 00:45.10 SB: no time
	5 0 M		
PB	00:47.30		
	00:47.30		
			

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:3, starttime: 15:35
Heat: 3/9 Lane : 9 Athlete: DEVUE ROSALIE			Q-time: 00:48:44
PB (50m pool): 00:48.66 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 00:48.44 SB: no time
	5 0 M		
PB	00:48.66		
	00:48.66		
			

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+			Heat:4, starttime: 15:40
Heat: 4/9 Lane : 3 Athlete: LEMBRECHTS SIEN			Q-time: 00:44:58
PB (50m pool): 00:44.58 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:45.46 SB: no time
	5 0 M		
PB	00:44.58		
	00:44.58		
			

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:4, starttime: 15:40
Heat: 4/9 Lane : 7 Athlete: DE CAT DO		Q-time: 00:45:23
PB (50m pool): 00:45.23 Eindhoven 16/03/2025 PB (25m pool): 00:43.11 SB: no time		
	5 0 M	
PB	00:45.23	
	00:45.23	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:4, starttime: 15:40
Heat: 4/9 Lane : 9 Athlete: VANSINA ELLE		Q-time: 00:45:64
PB (50m pool): 00:45.64 SportinGenk Park 21/04/2025 PB (25m pool): 00:42.32 SB: no time		
	5 0 M	
PB	00:45.64	
	00:45.64	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:6, starttime: 15:40
Heat: 6/9 Lane : 5 Athlete: BRUGMAN SERENA		Q-time: 00:41:25
PB (50m pool): 00:41.17 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 00:38.34 SB: no time		
	5 0 M	
PB	00:41.17	
	00:41.17	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:6, starttime: 15:40
Heat: 6/9 Lane : 6 Athlete: GYPEN KAAT		Q-time: 00:41:66
PB (50m pool): 00:41.66 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.74 SB: no time		
	5 0 M	
PB	00:41.66	
	00:41.66	
		

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:7, starttime: 15:40
Heat: 7/9 Lane : 6 Athlete: MEYER THYRVI		Q-time: 00:39:00
PB (50m pool): 00:38.47 Antwerpen 21/04/2024 PB (25m pool): 00:37.05 SB: no time		
	5 0 M	
PB	00:38.47	
	00:38.47	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:7, starttime: 15:40
Heat: 7/9 Lane : 8 Athlete: WOUTERS STIEN		Q-time: 00:40:37
PB (50m pool): 00:40.37 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.54 SB: no time		
	5 0 M	
PB	00:40.37	
	00:40.37	
		

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+		Heat:9, starttime: 15:45
Heat: 9/9 Lane : 9 Athlete: VERVLOESSEM SISKI		Q-time: 00:36:99
PB (50m pool): 00:36.37 Antwerpen 21/04/2024 PB (25m pool): 00:36.24 SB: no time		
	5 0 M	
PB	00:36.37	
	00:36.37	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:2, starttime: 15:45
Heat: 2/7 Lane : 4 Athlete: VERHEYEN STEPHEN		Q-time: 00:40:21
PB (50m pool): 00:40.21 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:36.92 SB: no time		
	5 0 M	
PB	00:40.21	
	00:40.21	
		

Coach feedback:

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Event number: 33: 50M BACKSTROKE MEN 13+		Heat:3, starttime: 15:50
Heat: 3/7 Lane : 0 Athlete: VERBRUGGEN MATS		Q-time: 00:39:32
PB (50m pool): 00:45.35 Seraing 29/01/2023		PB (25m pool): 00:39.32 SB: no time
	5 0 M	
PB	00:45.35	
	00:45.35	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:3, starttime: 15:50
Heat: 3/7 Lane : 3 Athlete: VERHEYEN MATS		Q-time: 00:38:06
PB (50m pool): no time		PB (25m pool): 00:38.06 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:3, starttime: 15:50
Heat: 3/7 Lane : 5 Athlete: GYPEN THOMAS		Q-time: 00:37:90
PB (50m pool): 00:37.90 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:35.84 SB: no time
	5 0 M	
PB	00:37.90	
	00:37.90	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:3, starttime: 15:50
Heat: 3/7 Lane : 8 Athlete: DEVUE NICOLAS		Q-time: 00:39:28
PB (50m pool): 00:39.28 Eindhoven 16/03/2025		PB (25m pool): 00:37.94 SB: no time
	5 0 M	
PB	00:39.28	
	00:39.28	
		

Coach feedback:

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Event number: 33: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 15:50
Heat: 4/7 Lane : 2 Athlete: VOET LARS			Q-time: 00:35:50
PB (50m pool): 00:35.50 Eindhoven 16/03/2025			PB (25m pool): 00:32.18 SB: no time
	5 0 M		
PB	00:35.50		
	00:35.50		
			

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 15:50
Heat: 4/7 Lane : 3 Athlete: VETS SIEBE			Q-time: 00:35:09
PB (50m pool): 00:34.04 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 00:33.45 SB: no time
	5 0 M		
PB	00:34.04		
	00:34.04		
			

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 15:50
Heat: 4/7 Lane : 9 Athlete: ASSCHERICKX SEBASTIAAN			Q-time: 00:37:11
PB (50m pool): 00:37.11 Eindhoven 16/03/2025			PB (25m pool): 00:32.82 SB: no time
	5 0 M		
PB	00:37.11		
	00:37.11		
			

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+			Heat:6, starttime: 15:50
Heat: 6/7 Lane : 2 Athlete: DE WITTE LEO			Q-time: 00:31:61
PB (50m pool): 00:31.61 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:30.21 SB: no time
	5 0 M		
PB	00:31.61		
	00:31.61		
			

Coach feedback:

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Event number: 33: 50M BACKSTROKE MEN 13+		Heat:6, starttime: 15:50
Heat: 6/7 Lane : 7 Athlete: WILLEM ARTHUR		Q-time: 00:31:72
PB (50m pool): 00:31.72 Antwerpen 13/07/2025 PB (25m pool): 00:30.03 SB: no time		
	5 0 M	
PB	00:31.72	
	00:31.72	
		

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:7, starttime: 15:55
Heat: 7/7 Lane : 6 Athlete: RAES DRIES		Q-time: 00:28:86
PB (50m pool): 00:28.86 Antwerpen 27/07/2025 PB (25m pool): 00:27.91 SB: no time		
	5 0 M	
PB	00:28.86	
	00:28.86	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:2, starttime: 15:55
Heat: 2/14 Lane : 3 Athlete: LEMBRECHTS SIEN		Q-time: 00:43:78
PB (50m pool): 00:43.78 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:39.77 SB: no time		
	5 0 M	
PB	00:43.78	
	00:43.78	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:2, starttime: 15:55
Heat: 2/14 Lane : 4 Athlete: MEURRENS LINA		Q-time: 00:43:60
PB (50m pool): 00:43.60 SportinGenk Park 21/04/2025 PB (25m pool): 00:43.50 SB: no time		
	5 0 M	
PB	00:43.60	
	00:43.60	
		

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:3, starttime: 15:55
Heat: 3/14	Lane : 2	Athlete: FEYAERTS SAVANNAH
PB (50m pool): no time		PB (25m pool): 00:41.13 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:4, starttime: 16:00
Heat: 4/14	Lane : 9	Athlete: DEVUE ROSALIE
PB (50m pool): 00:40.60 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:36.92 SB: no time
	5 0 M	
PB	00:40.60	
	00:40.60	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:5, starttime: 16:00
Heat: 5/14	Lane : 1	Athlete: GERARD CARYS
PB (50m pool): 00:38.46 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:37.02 SB: no time
	5 0 M	
PB	00:38.46	
	00:38.46	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14	Lane : 1	Athlete: DE CAT DO
PB (50m pool): 00:46.92 Genk 10/04/2023		PB (25m pool): 00:36.36 SB: no time
	5 0 M	
PB	00:46.92	
	00:46.92	
		

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14 Lane : 4 Athlete: WOUTERS STIEN		Q-time: 00:35:43
PB (50m pool): 00:35.43 Eindhoven 16/03/2025 PB (25m pool): 00:33.54 SB: no time		
	5 0 M	
PB	00:35.43	
	00:35.43	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14 Lane : 5 Athlete: VANSINA ELLE		Q-time: 00:35:45
PB (50m pool): 00:35.45 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:35.07 SB: no time		
	5 0 M	
PB	00:35.45	
	00:35.45	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:9, starttime: 16:05
Heat: 9/14 Lane : 4 Athlete: VERVLOESSEM SISKI		Q-time: 00:33:53
PB (50m pool): 00:33.53 Antwerpen 20/04/2025 PB (25m pool): 00:32.88 SB: no time		
	5 0 M	
PB	00:33.53	
	00:33.53	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:10, starttime: 16:05
Heat: 10/14 Lane : 5 Athlete: GYPEN KAAAT		Q-time: 00:33:03
PB (50m pool): 00:33.03 Antwerp 02/02/2025 PB (25m pool): 00:32.07 SB: no time		
	5 0 M	
PB	00:33.03	
	00:33.03	
		

Coach feedback:

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Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:12, starttime: 16:05																				
Heat: 12/14 Lane : 1 Athlete: BRUGMAN SERENA																				Q-time: 00:32:08										
PB (50m pool): 00:32.07 Antwerpen 14/07/2024																				PB (25m pool): 00:31.50 SB: no time										
	5 0 M																													
PB	00:32.07																													
	00:32.07																													
																														

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:3, starttime: 16:10	
Heat: 3/12 Lane : 5 Athlete: VERHEYEN MATS							Q-time: 00:32:90	
PB (50m pool): no time							PB (25m pool): 00:32.90 SB: no time	
	5 0 M							
PB	no time							
	no time							
								

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:4, starttime: 16:15	
Heat: 4/12 Lane : 1 Athlete: DEVUE NICOLAS				Q-time: 00:32:62	
PB (50m pool): 00:32.62 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.31 SB: no time					
	5 0 M				
PB	00:32.62				
	00:32.62				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+							Heat:4, starttime: 16:15	
Heat: 4/12 Lane : 4 Athlete: ASSCHERICKX SEBASTIAAN							Q-time: 00:31:70	
PB (50m pool): 00:31.70 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:28.27 SB: no time								
	5 0 M							
PB	00:31.70							
	00:31.70							
								

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+		Heat:5, starttime: 16:15
Heat: 5/12 Lane : 1 Athlete: VERBRUGGEN MATS		Q-time: 00:31:40
PB (50m pool): 00:31.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.09 SB: no time		
	5 0 M	
PB	00:31.40	
	00:31.40	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:5, starttime: 16:15
Heat: 5/12 Lane : 9 Athlete: VERHEYEN STEPHEN		Q-time: 00:31:59
PB (50m pool): 00:31.59 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:30.27 SB: no time		
	5 0 M	
PB	00:31.59	
	00:31.59	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 0 Athlete: GYPEN THOMAS		Q-time: 00:30:03
PB (50m pool): 00:30.03 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:29.91 SB: no time		
	5 0 M	
PB	00:30.03	
	00:30.03	
		

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+		Heat:9, starttime: 16:15
Heat: 9/12 Lane : 0 Athlete: VOET LARS		Q-time: 00:27:75
PB (50m pool): 00:27.75 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:25.77 SB: no time		
	5 0 M	
PB	00:27.75	
	00:27.75	
		

Coach feedback:

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Event number: 35: 50M FREESTYLE MEN 13+				Heat:9, starttime: 16:15	
Heat: 9/12 Lane : 6 Athlete: DE WITTE LEO				Q-time: 00:27:27	
PB (50m pool): 00:27.27 Antwerpen 20/04/2025				PB (25m pool): 00:25.96 SB: no time	
	5 0 M				
PB	00:27.27				
	00:27.27				
					

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:10, starttime: 16:20	
Heat: 10/12 Lane : 6 Athlete: VETS SIEBE				Q-time: 00:26:61	
PB (50m pool): 00:26.61 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 00:26.34 SB: no time	
	5 0 M				
PB	00:26.61				
	00:26.61				
					

Coach feedback:

Event number: 36: 200M BUTTERFLY WOMEN 13+				Heat:1, starttime: 16:20	
Heat: 1/1 Lane : 0 Athlete: DEVUE ROSALIE				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+				Heat:1, starttime: 16:25	
Heat: 1/6 Lane : 5 Athlete: VERHEYEN MATS				Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): no time SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN 17+				Heat:3, starttime: 16:50
Heat: 3/4 Lane : 1 Athlete: MEYER THYRVI				Q-time: 01:03:95
PB (50m pool): 01:03.56 Antwerpen 28/07/2024				PB (25m pool): 01:01.21 SB: no time
	5 0 M	1 0 0 M		
PB	no time	01:03.56		
	no time			
				

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+				Heat:1, starttime: 16:50
Heat: 1/3 Lane : 2 Athlete: WILLEM ARTHUR				Q-time: 01:26:96
PB (50m pool): 01:26.96 Zwembad Brigitte Becue 30/05/2025				PB (25m pool): 01:19.01 SB: no time
	5 0 M	1 0 0 M		
PB	00:39.27	01:26.96		
	00:39.27	00:47.69		
				

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 16:55
Heat: 1/7 Lane : 4 Athlete: VERVLOESSEM SISKI					Q-time: 99:99:99
PB (50m pool): 03:10.64 ANTWERPEN 30/07/2023					PB (25m pool): 03:00.65 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:10.64	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 16:55
Heat: 1/7 Lane : 5 Athlete: VANSINA ELLE					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): 04:03.41 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 16:55
Heat: 1/7 Lane : 6 Athlete: GERARD CARYS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 04:11.22 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 16:55
Heat: 1/7 Lane : 8 Athlete: DE CAT DO					Q-time: 99:99:99
PB (50m pool): 03:36.94 Antwerpen 14/07/2024 PB (25m pool): 03:27.05 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:36.94	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 3 Athlete: MEURRENS LINA					Q-time: 03:28:78
PB (50m pool): 03:28.78 Antwerpen 13/07/2025 PB (25m pool): 03:28.24 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.54	01:41.98	02:35.81	03:28.78	
	00:47.54	00:54.44	00:53.83	00:52.97	
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 17:05
Heat: 3/7 Lane : 8 Athlete: FEYAERTS SAVANNAH					Q-time: 03:39:31
PB (50m pool): no time PB (25m pool): 03:39.31 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 17:10
Heat: 4/7 Lane : 6 Athlete: LEMBRECHTS SIEN					Q-time: 03:20:80
PB (50m pool): no time PB (25m pool): 03:20.80 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 40: 200M BREASTSTROKE WOMEN 13+					Heat:7, starttime: 17:20
Heat: 7/7 Lane : 9 Athlete: MEYER THYRVI					Q-time: 02:56:60
PB (50m pool): 03:07.54 Eindhoven 24/03/2024 PB (25m pool): 02:56.60 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:07.54	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 17:35
Heat: 3/7 Lane : 3 Athlete: VERBRUGGEN MATS					Q-time: 03:01:47
PB (50m pool): 03:04.45 Antwerpen 14/07/2024 PB (25m pool): 03:01.47 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:04.45	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 5 Athlete: ASSCHERICKX SEBASTIAAN					Q-time: 02:48:73
PB (50m pool): 02:48.73 Eindhoven 16/03/2025 PB (25m pool): 02:33.73 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.90	01:21.34	02:05.61	02:48.73	
	00:38.90	00:42.44	00:44.27	00:43.12	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: KAZS

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 6 Athlete: GYPEN THOMAS					Q-time: 02:50:63
PB (50m pool): 02:44.83 Antwerpen 14/07/2024					PB (25m pool): 02:34.34 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:44.83	
	no time				
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 8 Athlete: DEVUE NICOLAS					Q-time: 02:55:56
PB (50m pool): 02:55.56 Antwerpen 13/07/2025					PB (25m pool): 02:52.13 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.73	01:25.67	02:10.43	02:55.56	
	00:40.73	00:44.94	00:44.76	00:45.13	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 9 Athlete: VERHEYEN STEPHEN					Q-time: 02:58:14
PB (50m pool): 02:58.14 Antwerpen 13/07/2025					PB (25m pool): 02:51.45 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.22	01:26.76	02:13.51	02:58.14	
	00:41.22	00:45.54	00:46.75	00:44.63	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 3 Athlete: VETS SIEBE					Q-time: 02:39:90
PB (50m pool): 02:38.14 Antwerpen 29/01/2023					PB (25m pool): 02:26.39 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:38.14	
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: KAZS

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 6 Athlete: VOET LARS					Q-time: 02:41:21
PB (50m pool): 02:41.21 Antwerpen 20/07/2025					PB (25m pool): 02:33.46 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.32	01:18.88	02:01.03	02:41.21	
	00:37.32	00:41.56	00:42.15	00:40.18	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:6, starttime: 17:45
Heat: 6/7 Lane : 7 Athlete: DE WITTE LEO					Q-time: 02:31:66
PB (50m pool): 02:31.66 Eindhoven 16/03/2025					PB (25m pool): 02:20.82 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.30	01:13.88	01:52.82	02:31.66	
	00:35.30	00:38.58	00:38.94	00:38.84	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:7, starttime: 17:50
Heat: 7/7 Lane : 3 Athlete: RAES DRIES					Q-time: 02:15:76
PB (50m pool): 02:15.76 Antwerpen 27/07/2025					PB (25m pool): 02:11.33 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.35	01:05.86	01:41.91	02:15.76	
	00:31.35	00:34.51	00:36.05	00:33.85	
					

Coach feedback:

Event number: 42: 100M BACKSTROKE WOMEN 17+					Heat:1, starttime: 17:50
Heat: 1/2 Lane : 7 Athlete: BRUGMAN SERENA					Q-time: 01:21:16
PB (50m pool): 01:19.44 Antwerpen 14/07/2024					PB (25m pool): 01:15.18 SB: no time
	5 0 M	1 0 0 M			
PB	no time	01:19.44			
	no time				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: KAZS

Event number: 42: 100M BACKSTROKE WOMEN 17+			Heat:2, starttime: 17:55
Heat: 2/2 Lane : 9 Athlete: GYPEN KAAT			Q-time: 01:13:59
PB (50m pool): 01:13.59 Antwerp 02/02/2025			PB (25m pool): 01:10.80 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.77	01:13.59	
	00:35.77	00:37.82	
			

Coach feedback:

Event number: 43: 100M BUTTERFLY MEN 17+			Heat:1, starttime: 17:55
Heat: 1/3 Lane : 6 Athlete: WILLEM ARTHUR			Q-time: 01:17:51
PB (50m pool): 01:17.51 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:15.32 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.14	01:17.51	
	00:34.14	00:43.37	
			

Coach feedback: